

Buddhist

Stories

for

Awakening

HENRY KAISER

JOSH MICHAELL

REV. HENG SURE



## The Musicians



Henry Kaiser, a pioneer in experimental and improvisational music fearlessly penetrates into the spirit of creativity that sparks spontaneous musical expression. Henry's playing takes music into the unknown, navigates wilderness areas of the mind, those places that have always produced the best stories.

Josh Michael has a deep affinity for Buddhist and American old-time traditional music. On the CD he plays guitar, banjo, and claw hammer-style ukulele. Josh composed most of the melodic settings for the stories.

Rev. Heng Sure, a Buddhist monk for 33 years, balances his meditative life with the writing of memorable Buddhist (and pro-vegetarian) songs and as an inspired storyteller. He endeavors to translate traditional Buddhist wisdom into contemporary musical settings.

The CD was recorded, mixed and mastered in four hours, live, and with no overdubs.

2500 Years Ago...

...the Buddha's disciples wrote of their experience of transformation and awakening. The stories, though obscure and known to few but scholars, are preserved to the present day and are collectively known as the Therigata and Theragata: "Songs of the Elder Monks and Nuns."

Each of the stories involves a moment of transformation, where a comment from a wise teacher, a sustained effort that carries beyond normal limits, or an encounter with a committed spiritual seeker cracks open the edge of what is possible, and opens a door into the boundless, deathless realm of awakening.

To our knowledge, this is the first time that these stories have been put into a Western musical setting.



# BUDDHIST STORIES FOR AWAKENING

1. THE MONK GOTAMA 3:12  
*Josh Michael & Rev. Heng Sure*
2. THE NUN SUBHASA AND THE PLAYBOY 7:21  
*Henry Kaiser & Rev. Heng Sure*
3. CLUMSY CHANG 5:54  
*Josh Michael & Rev. Heng Sure*
4. BELATTHAKANI & CANDANA 4:04  
*Josh Michael & Rev. Heng Sure*
5. THE GIRL COMES OUT FROM MEDITATION 2:40  
*Henry Kaiser & Rev. Heng Sure*
6. ANUPAMANA 2:26  
*Henry Kaiser & Rev. Heng Sure*
7. SONA, THE MOTHER OF TEN CHILDREN 3:42  
*Henry Kaiser, Josh Michael & Rev. Heng Sure*
8. VIMALA, THE COURTESAN 5:08  
*Josh Michael & Rev. Heng Sure*
9. TOZAN'S THREE BLOWS 1:46  
*Josh Michael & Henry Kaiser*
10. HYAKUJO'S FOX 4:07  
*Henry Kaiser*
11. ANOPAMA THE HEIRESS 3:05  
*Henry Kaiser, Josh Michael & Rev. Heng Sure*
12. MASTER EMPTY CLOUD WAKES UP 8:13  
*Josh Michael & Rev. Heng Sure*
13. VASITTHI THE MAD WOMAN 4:02  
*Henry Kaiser, Josh Michael & Rev. Heng Sure*



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